



***“FORGOTTEN IN TIME...  
THE ANCIENT SOLFEGGIO”***

*A Personal Journey of Discovery  
by David Hulse, D.D.*

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## ***Welcome to SomaEnergetics!***

It is my intent that you use the information in this booklet for enlightenment and empowerment. In helping to re-introduce the Ancient Solfeggio Scale to the world, through the modality of tuning forks, I hope to help facilitate the expansion and activation of unused human potential. It is my desire to help you realize the healing potential that you possess is a portion of your inherent birthright. It is indeed my pleasure to share with you some basic concepts and techniques that you can use to help others and yourself during times of stress, dissonance, and discomfort.



One of our missions at **Light Within/SomaEnergetics™** is to swing the pendulum back from the traditional scientific thinking to a more holistic energetic approach to healing. Many people have surrendered their healing potential to advanced technology, leaving them feeling intimidated and disempowered. It is not our desire to discredit modern medicine; however, we should not lose sight of the expanded healing that can be accomplished by tapping into our own, inner intuitive capabilities, and integrating the mind, emotions and spirit into the process.

The Lost Frequencies of the Ancient Solfeggio Scale, that we are about to explore, are sacred tones which, I believe, can serve as a “vibrational bridge” to holistically re-integrate the physical, mental, emotional and spiritual aspects of the individual, as well as all of Humanity—collectively. These powerful frequencies were rediscovered by Dr. Joseph Puleo as described in the book [Healing Codes for the Biological Apocalypse](#) by Dr. Leonard Horowitz. I give honor to both of these gentlemen for the part they’ve played in helping return these lost frequencies back to humanity.

### ***What is SomaEnergetics?***

**SomaEnergetics** (Soma meaning “body” in the original Greek) is a powerful series of **Sound Therapies** that utilize tuning forks tuned to the frequencies of the **Ancient Solfeggio**. These amazing therapies release blockages in the energy bodies, and, thus, assists one with connecting with Source. Bringing these powerful frequencies back into use has been an amazing experience. We have a full range of training including workshops, teacher certification, and coming soon, a DVD home study course.

SomaEnergetics is built around the highest quality Solfeggio Tuning forks, which are custom-made for SomaEnergetics by a manufacturer who has over 3 decades of experience developing quality, therapeutic tuning forks. These anodized Solfeggio Frequency tuned forks are only available thru SomaEnergetics.

This wonderful quote from Dr. Horowitz and Dr. Puelo’s, book – [Healing Codes for the Biological Apocalypse](#) sums up the importance of this work: **“Nature and Grace”—the physical and the spiritual—reflect each other and reveal “the great fact” that there is a secret tone scale—or set of sounds—that vibrates at the exact frequencies required to transform spirit to matter, or matter to spirit”**

May your own Journey of discovery with these Ancient Tones be one of Wonderment and Joy,

**Untl Then, Stay Tuned!**

**David E. Hulse, D.D.**

### **Food for Thought**

*“Nature and Grace”*

*—the physical and the spiritual—  
reflect each other and reveal “the great fact” that there is  
a secret tone scale —or set of sounds—  
that vibrates at the exact frequencies required to  
transform spirit to matter, or matter to spirit.”*

.....  
*Divine Source wants this Sacred Knowledge returned to the  
masses of spiritual people who long for it.*

*By returning to God’s clock, calendar, musical notes and color scheme,  
humanity will return to the matrices of Thought,  
that enables Spirit to inspire natural communion.*

*That is, people who utilize the notes of the Solfeggio,  
and practice the precepts therein, will be blessed with peace, health,  
harmonious social relationships, and oneness with Spirit.”*

From “Healing Codes for the Biological Apocalypse”  
by Leonard G. Horowitz, D.M.D.

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“Sit down before fact like a child, and be prepared to give up every preconceived notion, follow humbly  
wherever and to whatever abyss nature leads, or you shall learn nothing.”

T. H. Huxley

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“Verily I say unto you, whosoever shall not receive the kingdom of God as a little child, he shall not enter  
therein.”

Jesus Christ

\*\*\*\*\*

“Learning is finding out what you already know. Doing is demonstrating that you know it.  
Teaching is reminding others that they know it just as well as you.”

Richard Bach

## *A Personal Journey of Discovery...*

by David Hulse, D.D.

[www.SomaEnergetics.com](http://www.SomaEnergetics.com)

Being a student of metaphysical teachings in the late 80's, I was faced with a dichotomy in the idea that we are not a body. I never understood this statement fully until I began to study Quantum Physics which tells us **that everything is energy and matter is not as solid as we perceive it to be.** I believe what is being stated is that at the deepest level we are not separate, as a body, as a spirit, as a soul — we are just energy-beings. This is the level of consciousness being opened to us from which a new paradigm is emerging for the purpose of healing all separation. The popular term, “The Divine is in me,” makes “me” separate from the Divine. May I suggest a shift in the saying to: “The Divine, AS me” to remove the separation.



As we move from genetics and concepts like “Soul”, “Soul Mates” and “Soul work,” we move beyond physical diagnosis, into a new field of quantum physics. In this new field, where consciousness is seen as a unified field where “everything is everything else”, (T.O.E. Theory - The Theory of Everything), there are no boundaries. There is no “this” or “that,” no you or me. It is a pure field of awareness – consciousness. I solved the dichotomy about “we are not our body” by changing my perception of genetics to *energetics* - realizing that we are not meant to ignore our physiology, but recognize the body as energy, vibrating at a very dense frequency. (Trapped energy as ice is trapped H<sub>2</sub>O.)

I was first introduced to DNA in 1988 when I was going through a transitional period, during which time, I felt that I had come to the end of many beliefs I had been taught from childhood. I was listening to a tape that was given to me of a gentleman speaking with an accent, (which, at the time I thought was rather boring), and I didn't understand what he was talking about. Then all of a sudden, as I was ready to turn it off, he said:

***“Quantum physics has found that there is no empty space in the human cell, but it is a teeming, electro-magnetic field of possibility or potential.”***

That's all he said! Whatever frequency was contained in those words, RESONATED a deep knowing inside the CORE of my BEING, and I had a “KNOWING” in me that the “NOTHING” I thought I was looking at was the “EVERYTHING”; much like in Zen...the idea of becoming “as an empty bowl”. Eastern Religions (including the Bible) refer to it as the VOID – The “Nothing” that is “EVERYTHING” – The Womb of Creation. I knew that I was experiencing a re-birth! The person on that tape was Dr. Deepak Chopra.

I had never heard of Deepak Chopra in 1988, as he was just coming on the scene about that time. I credit him for a very important transition in my life, just from the statement he made on that tape. Today, in retrospect, I would call my response to that statement a “cellular awakening”. We know that intelligence is stored within the cells of the body, and when the right resonance comes, information releases, awakening - inherent KNOWLEDGE. That is why so many of us seem to jump from one stimuli to another looking for what will resonate in us.

## ***DNA LEADS TO THE FREQUENCIES***

The work being done today with energy at the cellular level really excites me, since I had been very interested in DNA before it became a household word. In fact, I think it took me months to learn how to pronounce deoxyribonucleic acid. I was determined to understand this tremendously powerful energetic blueprint for life, as we know it. DNA became a part of the collective consciousness when CNN produced a special on the Genome Project in 2000.

As I pursued my passion for the study of DNA, I attended a workshop by Dr. Robert Girard from California on DNA Activation. His work focused on using certain sounds and frequencies to activate DNA and I started doing DNA Activation workshops. Through those workshops, an article was given to me that reported how biochemists were using the frequency 528 Hz to repair human DNA, the “blueprint of life”. After I read the article I thought, all I would need to do is go to a piano or some other instrument and play a “C”, and then I would be able to repair DNA.

Well, it wasn’t that simple, because I discovered that the regular “C” that we know in the Western culture (which is from the diatonic scale of do, re, mi, fa, so, la, ti, do) was not the 528 Hz frequency “C”, as described in the article. Instead, I discovered that a regular “C” vibrates to a frequency of only 512 Hz, and that the “C” of 528 Hz, used in DNA repair, had been a part of an ancient sequence of frequencies called the *Solfeggio*. Moreover, the difference in the scales existed because of different tuning methods that were utilized in ancient times, vs. those in general use today. In the workshops, we explore how *music molds our character as well as our culture*.

### ***THE BIRTH OF SOMAENERGETICS***

At the turn of the century, my accelerating interest and research into the lost frequencies of the Ancient Solfeggio served as the Spirit-guided catalyst for the idea of bringing these tones back into use. I shared the frequencies with Aryiana, a musician friend who decided that she would like to experiment with these frequencies in the form of meditation music. She was also in touch with Jonathan Goldman (author of *Healing Sounds*) who knew of these frequencies, and was using them in some of his music like “The Lost Chord.” Jonathan Goldman, Aryiana and I each obtained a set of tuning forks calibrated to the Solfeggio scale and independently began our research.

During my travels across the country, I began noticing that people were resonating with the information about these powerful frequencies and asking me to use the tuning forks on them. Spurred on by these requests, while I continued to collect additional research, the right people were drawn to me, such as concert pianist and teacher Lois Winter and musician and mathematician, Randy Masters. “Bridging Spirit with Science”, **SomaEnergetics™** was birthed. I put much thought into this name, combining the Greek Word *soma*, meaning ‘body’, with *energetics*, to reflect the ‘wholistic’ idea of the body as a vibrant energy field. I firmly believe that these sacred tones actually serve as a “vibrational bridge” to holistic reintegration of the physical, mental, emotional and spiritual aspects of the individual.

After I founded and developed **SomaEnergetics™**, it became increasingly apparent that my method of using these tuning forks appeared to be helping individuals optimize their energy, giving them an enhanced sense of well being by facilitating the release, and stimulating the flow, of blocked or stagnant energy. With growing interest, SomaEnergetics™ workshops were developed to teach and empower people to discover and use these long lost frequencies to enhance their lives on all levels.

Currently, SomaEnergetics™ conducts training classes throughout the country and is the exclusive source for the color-coded Solfeggio tuning forks. To date, over 400 practitioners have completed SomaEnergetics™ workshops and the number continues to grow!

**THE JOURNEY CONTINUES...**

A Chinese saying states; **“May you live in interesting times.”** I think we are living in interesting times, and rather than seeing the glass as ‘half empty,’ I see it as ‘half full.’ Our purpose is to assist others. It’s not to be their ‘Healer,’ but to assist them in knowing who they are and in connecting with their true Self. We provide a non-judgmental atmosphere, a *sacred space*, for the purpose of healing themselves.

The old paradigm dictates that the information should be kept among the professionals. The new paradigm challenges us to share the information and empower the client.

I do believe this is the beginning of a new way in which we can bypass the resistance of the human ego and its powerful belief system. I see healing procedures moving in the direction of using frequencies therapeutically as we head further into the 21<sup>st</sup> century. This view is corroborated, in detail, in the book *Vibrational Medicine* by Richard Gerber, M.D.:

*“Vibrational healing methods represent new ways of dealing with illness. Practitioners of subtle-energy medicine attempt to correct dysfunction in the human organism by manipulating invisible yet integral levels of human structure and function. Healing at the level of human subtle energy anatomy is predicated upon the new physics understanding that all matter is, in fact, a manifestation of energy. As science and technology evolve to make that which was formerly unseen visible, more scientists and physicians will be forced to change their viewpoint about the extended nature of human beings...”*

I invite you to be a co-creator with me as we take this adventure together...

David Hulse

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**DISCLAIMER**

This information describes complimentary health techniques that may help to facilitate the rejuvenation of one’s mental, emotional, and spiritual bodies. We do not diagnose or treat medical or psychological conditions, impairments, or diseases. Nor is it our intent to encourage people purchasing our products or using our techniques to diagnose or treat psychological or medical conditions, impairments or diseases. As always, in the event of any of the symptoms described herein, seek the advice of a professional health practitioner. The information provided in this manual and during our workshops is for educational purposes only. Our purpose is to create a free flow of energy by releasing blockages allowing the body the opportunity to heal itself.

## ***THE SOLFEGGIO FREQUENCIES***

This ancient scale is part of a 6-tone sequence of electro-magnetic frequencies called the Original Solfeggio Scale. These particular frequencies were rediscovered by Dr. Joseph Puleo in 1974, during a wonderful experience that some would describe as mystical. These frequencies are not something new, but indeed something very ancient. We owe Dr. Puleo our sincere gratitude for rediscovering these frequencies and returning them to humanity.

**The Six Solfeggio Frequencies include:**

- UT - 396 Hz – Liberating Guilt and Fear**
- RE - 417 Hz – Undoing Situations and Facilitating Change**
- MI - 528 Hz – Transformation and Miracles (DNA Repair)**
- FA - 639 Hz – Connecting/Relationships**
- SOL -741 Hz – Expression/Solutions**
- LA - 852 Hz –Awakening Intuition**

These original sound frequencies were used in ancient Gregorian chants, including the great hymn to St. John the Baptist. Church authorities reported that St. John’s hymn, along with many other chants, were lost centuries ago. The chants and their special tones were believed to impart tremendous spiritual blessings when sung in harmony during religious Masses. Chants sung in Medieval Latin were believed to enhance the spiritual experience of the members. Many still believe that when we sing in Latin, or use simple musical tones without conceptual language, we are able to reach deeper levels of the subconscious. Pure music is very powerful since it discards limiting thought forms associated with words and allows the individual to access insights beyond traditional belief systems.

According to entries from Webster’s Dictionary and the original Apocrypha, these original frequencies are believed to be effective in; turning grief to joy, undoing situations and facilitating change, helping a person connect with Source to bring forth miracles, repairing DNA, connecting with spiritual family and understanding relationships, becoming more expressive to solve problem situations, and finally, awakening intuition to return to spiritual order. Through sound (including the Level I - Energy Vitality Technique) these tones can assist energy channels to stay open and keep the life force (Chi) flowing freely through the chakra system. Perhaps this smooth energy flow was the intent of the six electro-magnetic frequencies of the “lost” hymns and Gregorian chants (see Section Two).

Vibration and sound can be used, like most things, with either positive or negative intention (see Section Four for more discussion of intention). Oftentimes, one’s intention is communicated through the use of language. History is filled with examples of societies being controlled or manipulated by those with less than honorable intentions. Various religious texts, including the Bible, discuss the importance of just making Sound - by chanting, singing, drumming, or speaking in tongues. Each expression of sound is a way that people may access deeper levels of consciousness. The Solfeggio Tuning Forks are another powerful way of reaching these levels.

## ***HISTORY OF MEDICINE***

- 2000 B.C. – Here, eat this root.
- 1000 A.D. – That root is heathen. Here, say this prayer.
- 1850 A.D. – That prayer is superstition. Here, drink this potion.
- 1940 A.D. – That potion is snake oil. Here, swallow this pill.
- 1985 A.D. – That pill is ineffective. Here, take this antibiotic.
- 2000 A.D. – That antibiotic doesn’t work anymore. Here, eat this root.
- 2010 A.D. – That root is contaminated. Here, practice energy medicine.

-adapted from *Qigong Newsletter*

## SomaEnergetics Sound Therapies Training Workshops

**SomaEnergetics** (Soma meaning “body” in the original Greek) is a powerful series of **Sound Therapies** that utilize tuning forks tuned to the frequencies of the **Ancient Solfeggio**. These amazing therapies release blockages in the energy bodies, and, thus, assists one with connecting with Source. Bringing these powerful frequencies back into use has been an amazing experience. We have a full range of training including workshops, teacher certification, and coming soon, a DVD home study course.

### Three levels of certification:

**Level I - The Practitioner level**, offer training in the SomaEnergetics Energy Vitality Technique. 12 hours of instruction and hands on experience!

**Level II - Advanced Practitioner Training**, consists of more hands on time, a deeper understanding of the history and theory, and training in the Energy Balancing Technique using Solfeggio Forks.

**Level III - The Teacher Certification Level**, certifies you to hold your own workshops within the established SomaEnergetics guidelines and discounted pricing on Tuning Forks and Training Materials.



Workshops are usually held on the weekends, (beginning on Friday evenings), and various Workshop Packages are available—some of which also include a set of the Solfeggio Tuning Forks, at substantial savings. All workshop prices include a copy of the over 70- page Level I Training Manual.

Current Schedule and more info can be found at [www.SomaEnergetics.com](http://www.SomaEnergetics.com)



## What is a SomaEnergetics Vibrational Tuning?

We store life experiences as energy patterns in our energy anatomy. Some of those experiences, especially negative ones, create blockages interrupting the free flow of energy in our lives. The other factor in limiting our energy flow is that many of us live at “survival” level. We access and use only the energy needed to get through the day.

What happens if we can free the blocked energy; or better yet, access energy, which has been stored within our “energy anatomy?” What we have discovered at SomaEnergetics™, is that when people receive a SomaEnergetics™ Vibrational Tuning, they frequently tell us that not only do they feel much better (spiritually, emotionally, and physically), but, they have often altered their life in some major way (change of career, moving, etc.). The ‘tuning’ activates the energy in the root energy center and raises it up through each energy center in succession allowing energy to freely flow. When energy flows freely, new choices in our lives are awakened and we have new- found energy from within to make the changes we *want*, and perhaps *need* to make.

As a person increases in consciousness, it becomes necessary for energy to flow freely allowing the space for higher vibration energies to integrate. Each time we receive a SomaEnergetics™ Vibrational tuning, it helps our bodies adjust to and integrate the higher vibrations that accompany a raise in consciousness.

Sessions are usually 30 or 60 minutes and are conducted fully clothed on a massage table. Sessions begin with an affirmation and use of the “OM” tuner (which is calibrated to the vibration of the Earth year) to take away the stresses of the day followed by the Energy Vitality Technique, which can assist in opening energy centers and raising the client’s energy level from survival to optimum vitality. A 60 minute session will continue with either Solfeggio Body Tuners to address specific areas of concern and/or the Energy Scanning Technique which can assist in finding and clearing out energy blockages from past events that the client is ready to release.

To locate a practitioner in your area, visit [www.SomaEnergetics.com](http://www.SomaEnergetics.com).

## ABOUT DAVID HULSE

With over 40 years experience as an acclaimed Minister, Teacher, Author and Visionary, David is renowned in the world of New Thought as a “Cultural Creative.” **Barbara Marx Hubbard writes, “David Hulse is bringing good news to the world...his charismatic style, loving nature and open mind make him a leading spiritual guide for our time.”**



At the turn of the century, David's accelerating interest and research into the frequencies of the Ancient Solfeggio, served as an inspirational catalyst for bringing these tones back into use. As a result, he began to co-create with others who are exploring the power of therapeutic tuning forks - tuned to the same frequencies as the Ancient Solfeggio Tones. From that, he developed **SomaEnergetics™ - a set of techniques whereby the Solfeggio Tuning Forks help facilitate the releasing of energy to flow more easily.** David attributes this to the **Energy Vitality Technique**, which he shares through **SomaEnergetics™ Certification Workshops.** “We are hearing from individuals around the country that these unique frequencies are making a difference in their lives. That is how I know something is real - by the fruit that it bears,” observes David.

**In these exciting workshops, David shows you how you raise your energy level from survival mode to optimum vitality so you have the energy to make the changes you desire in your life.**

*David Hulse holds a Bachelors Degree in Metaphysical Science, A Masters Degree in Religion and a Doctorate of Divinity Degree. He is the original Developer of the SomaEnergetics™ Energy Techniques utilizing the Ancient Solfeggio Tuning Forks. Today, David shares his vision and experience through Workshops, Seminars and Retreats.*



## Resources

John Beaulieu, “Music and Sound in the Healing Arts.” Station Hill Press, 1987

Giuliana Conforto, “Man’s Cosmic Game,” Edizioni Nowisis, 1998

David B. Doty, “Just Intonation Primer”

Jonathan Goldman, “Healing Sounds: The Power of Harmonics,” Element Books, 1992

Leonard Horowitz and Joseph Puleo, “Healing Codes for the Biological Apocalypse,” Tetrahedron Publishing Group, 1999

Candice Pert, PhD, “Molecules of Emotion”

Michael Talbot, “The Holographic Universe”

Dr. Rees, “Just Six Numbers”

## **“Soma-Shares”**

### ***Experiences of other Energy Workers...***

“Wow! You’re never going to be the same!  
The tuning forks will vibrate through you touching the essence of your soul.  
The breakthrough that David has made with the discovery of these  
special vibrations goes beyond all of our sound therapy currently available.

After using the new tuning forks presented by David,  
our clients are experiencing faster and more obvious results.  
David is a warm, heartfelt presenter whose truths shall resonate with you  
long after your time together. Enjoy!”

- Dr. Bessheen Baker, Naturopathic Doctor  
*Naturopathic Institute of Therapies & Education*  
Mt. Pleasant, Michigan

The most common remarks I hear after a SomaEnergetics™ is ‘I don’t understand why, but my mind and body just seem to be asking for more.’ I encourage you to give it a try. It is part of the universal language: we are all energy, we are all light, we are all vibration. We are living in some pretty dense times right now and anything that we can use to help heal ourselves and raise our own sense of love and mastery in this world, we should use. I was very pleased with the workshops. David is very enthusiastic, compassionate and empathetic with each person. He wants each person to come to their own mastery of their own lives.”

- *Margarete Brandenburg, Board Certified Music Therapist and Certified Level II SomaEnergetics™ Practitioner*

“This new modality developed by Dr. Hulse is blowing me away. I have been working on people with SomaEnergetics™ Techniques for the last few months and what I am seeing is amazing. I have taken many classes over the years and had many mentors. Dr. Hulse is one of the most impressive of all these teachers. During the workshop, I was lucky enough to be the person that Dr. Hulse demonstrated on and it was a profound experience. I see miracles happening all the time in my work with energy medicine. Nothing has impressed me more than SomaEnergetics™.”

- *David Fish, Radio Talk Show Host and Certified Level II SomaEnergetics™ Practitioner*

“As a Reiki Master, I have added the SomaEnergetics™ Techniques to my sessions and it has added a boost to the sessions and I am thrilled with the effects I am seeing. Anyone who does any kind of energy healing needs to incorporate this into what they do. It has an incredible effect by going into the body allowing us to release locked in emotional energies that are locked into our nervous system. It is painless, wonderful, exhilarating, and you feel so renewed after experiencing one of these SomaEnergetics™ sessions. I was very impressed with David and his drive and determination to share what he has pioneered, and spent so much time and money developing, with everyone. It gives such extra energy and power to whatever anyone is doing that I feel very confident that this is the one of the ways that we are going to heal the earth: by making this available to people so they can become whole and share this with others. I am a very different person today than I was prior to experiencing this and I am excited about the future developments. If you have an opportunity to attend one of these workshops, do yourself a favor and take it – you will be glad you did.”

- *Kenna Kavensky, Reiki Master and Certified Level I SomaEnergetics™ Practitioner*

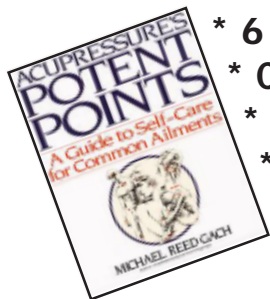
**For more SomaShares, please visit our website at [www.SomaEnergetics.com](http://www.SomaEnergetics.com)**



***Another Transformational Tool  
exclusively from SomaEnergetics<sup>™</sup>***

We lowered the frequencies so you can feel them on the body, made the forks the same color as the original set, and put weights on the end so you can utilize the power of the Solfeggio Frequencies at the cellular level! These are designed so that you can use them on yourself or others with no workshop required. Please see back cover for a full color picture.

SomaTuner™ kit including custom-made forks and display: \$369.00



- \* 6 Custom-made Solfeggio Body Tuners
- \* Custom-made Practitioner Display
- \* *Acupressure's Potent Points Book*
- \* SomaTuner™ Quick Start Guide
- \* Access to Practitioner Website

***SomaTuners™ Quick Start Guide***

SomaEnergetics™  
SomaTuners™ and  
EnergyTuners™  
are trademarks of  
David Hulse, Inc,  
DBA- SomaEnergetics

- ◆ How to properly hold, tap and utilize a SomaTuner™
- ◆ Starting a session with your SomaTuner™
- ◆ 9 Suggested Ways to Choose a SomaTuner™
- ◆ A Full Color Chart covering the Chakras, Elements, Solfeggio Frequencies, Color, Body Parts and Physical Malfunctions to assist you in utilizing the SomaTuner™

***Acupressure's Potent Points Book:***

This fascinating book, which is included in your SomaTuner™ Kit, is a wealth of knowledge for people seeking to take responsibility for and improve their lives through alternative therapies. Using acupressure with the SomaTuners™ adds the power of sound, vibration, and color, therefore enhancing the potential for an increased sense of well-being.

We chose this book for having point locations described on each page. There are many books on Acupressure available - You are welcome to use your favorite.

***Using Solfeggio SomaTuners™ & Original Solfeggio Energy Tuners***

- ◆ They can be used together for maximum effect!
- ◆ To bring the vibration of the solfeggio frequencies into tuning forks whose vibrations were strong enough to be felt on the physical body, it was necessary to “lower” the original frequencies and add weights. Even so, you may rest assured, because the frequencies of these new SomaTuners™ also reduce to a 3, 6, and 9. When using these new weighted forks, you may also increase the benefit to you and /or your client by “listening” to them.
- ◆ Tuning Forks with the Original Frequencies are also available in color. (See next page)

## Transformational Tools from SomaEnergetics *The Ancient Solfeggio Products*

### *Ancient Solfeggio Energy Tuners Fork Set*

These forks, **by David Hulse**, are indeed tuned to the six missing electro-magnetic frequencies of the Ancient Solfeggio. They are made of the highest quality alum for long lasting accuracy and excellent overtone production. We believe the top quality forks that we offer is causing the tremendous results people are experiencing around the country. To our knowledge, our color energy tuners and body tuners are an exclusive product. Color forks, which are anodized with the colors of the first six chakras, add to the intensity of the tuning session and make it easier to identify which fork you are working with! *Practitioners choose color over classic 9-1.* These forks are used with the SomaEnergetics Sound Therapies taught in our workshops.



- ✓ Set of six custom-made tuning forks
- ✓ Felt pouch
- ✓ Hockey puck
- ✓ SomaEnergetics Quick Start Video

**Color Energy Tuners  
Fork Set Only \$299.00**

## **SomaEnergetics Gear**

### ***Practitioner Aprons***

These Custom Aprons are made of heavy-duty purple canvas and hold each of the 6 Solfeggio Scale Tuning Forks as well as the “OM” Tuner and the Crystal Tuner. The hockey puck is built right in for easy striking and freeing up your hands. Customized with the SomaEnergetics™ Logo. (Forks Sold Separately) \$50.00



### ***SomaEnergetics™ Tote Bag***

This convenient canvas tote bag is customized with the SomaEnergetics™ Logo and holds your training manual and tuning forks. The bag can serve as a great conversation starter - prompting friends to ask about SomaEnergetics™. (Forks and manual Sold Separately) \$10.00



### **Continuing Education Hours - NCBTMB and FL MASSAGE THERAPISTS**

“SomaEnergetics” is Approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education. Approved Provider #450637-08.

- Level One Sound Therapy Workshop - 12 Contact Hours
- Level One Sound Therapy Home Study Course - 12 Contact Hours -
- Level Two Advanced Practitioner Workshop - 12 Contact Hours
- Body Tuner Workshop - 6 Contact Hours

- Contact Tim Leach, Continuing Education Coordinator for more information at 937-912-9229.

## Ancient Solfeggio Meditation CD's

### Solfa Sound CD I - “Sound of Life Frequency Attunement”

The Music for this CD has been specially created with the Original Solfeggio sound frequencies. When these frequencies are combined with the intent inherent within the ancient Solfeggio scale, a powerful force for higher consciousness and bioenergetic balance is possible. The first seven tracks are designed for Solfeggio Scale based sound therapists who have the SomaEnergetics™ Solfeggio tuning forks and wish to intone them along with the S.O.L.F.A. music. The next seven tracks are identical to the first seven but have the actual striking of the forks incorporated within the music. This has been done for those who do not have the tuning forks, and for those desiring to kick back, relax, and experience the Sounds of S.O.L.F.A. 14 Tracks:



1. Ut queant laxis
2. Resonare fibris
3. Mira gestorum
4. Famuli tuorum
5. Solve pollute
6. Labii reatum
7. Sancte Iohannis
- 8-14. Repeat of 1-7 with tuning forks added

### S.O.L.F.A. Sound II CD - “Extension for Ascension”

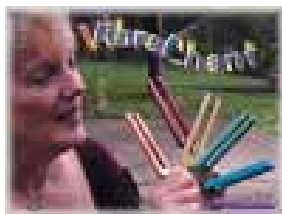
This is the second CD specially created with the S.O.L.F.A. Sound frequencies. By extending the numerical pattern discovered in the Bible, higher frequencies have been calculated and applied to the 8th through 12th chakras. These chakras encompass Divine Love, Soul Blueprint, Divine Creativity, Advanced Spiritual Skills, and Connection to the Central Son/Sun. As with the first S.O.L.F.A. CD the tracks are repeated with the actual striking of the tuning forks incorporated into each song. The songs on this CD are melodious and enhance dimensional and emotional awareness. Tracks:

1. Nature of Love
2. DNA Remapping
3. Releasing Creativity
4. Spiritual Ph.D.
5. Son/Sun Connection
- 6-10. Repeat of 1-5 with tuning forks added



**S.O.L.F.A. Sound CD's - \$20.00 each**

### Chants utilizing the Ancient Solfeggio Forks:



Lyndsey Watson, a talented SomaEnergetics™ Teacher, has created a wonderful CD of 9 chants using powerful combinations of the Solfeggio Frequencies. Hear Sample Tracks on-line:

- |  |                                     |
|--|-------------------------------------|
| 1 Remembering (Ut-Re - Vib. 3)               | 6 My Vow (Re-Sol - Vib. 9)          |
| 2 Compassion (Ut-Mi - Vib. 6)                | 7 Hear My Prayer (Mi-Fa - Vib. 3)   |
| 3 Roots Go Down (Ut-Fa - Vib. 9)             | 8 Shining (Mi-Sol - Vib. 6)         |
| 4 Complete & Gentle Healing (Re-Mi - Vib. 3) | 9 Opening My Power (Mi-La - Vib. 9) |
| 5 River of Love (Re-Fa - Vib. 6)             |                                     |

Lyndsey's Journey: I was first introduced to the SomaEnergetics™ Tuning Forks in September 2002 when I was trained as a Level I Practitioner by David Hulse. I have always been drawn to sound therapy, and have used sacred “spirit” singing for many years as the main tool for my own inner work. When I started using the forks in my practice, a whole new dimension began to open to me. One particular day, my dear friend and fellow musician, Cheryl Melody, was teaching me a new song she had written (Compassion, on Track #2). We were singing unaccompanied and I felt an urge to add some kind of instrument. I tried many things (drum, chimes, rattle) but none of them added anything to the song. Suddenly I thought of my new tuning forks. The Ut and Mi frequencies fit the song beautifully. A few months later, I hosted a Level I SomaEnergetics training course here in my home facilitated by Dr. Hulse. I sang Cheryl Melody's chant for the group passing the forks by their ears as we sang. They were quite moved. Later Dr. Hulse asked if I could compose more chants using different intervals of the Solfeggio Scale. Dr. Hulse's request has resulted in this recording, VibraChant. My intention in offering this recording is to encourage people to sing along with the chants, thus assisting in the healing process by creating the vibration of the interval not only from the outside (from the vibration of the forks going into your ears) but from the inside through the vibration of your own voice. Sing even if you think you don't know how. The chants are simple for that reason. Allow them to wash over and through you., and see what happens!

**VibraChant by Lyndsey Watson \$20.00**

**BECOME A MASTERFUL SOUND HEALER THROUGH THIS SELF-STUDY COURSE UTILIZING THE POWER OF SOMAENERGETICS AND THE ANCIENT SOLFEGGIO FREQUENCIES!**

## **LEVEL I HOME STUDY COURSE**

Exploring Science, Sound and Spirituality!

*INCLUDING THE ANCIENT SOLFEGGIO HISTORY, THE LATEST IN SOUND THERAPY, AND THE*

### **ENERGY VITALITY TECHNIQUE** *DEVELOPED BY* **DAVID HULSE, D.D.**

This video course will help you learn how to use sound a vibrational healing method as well as practical applications and techniques for working with yourself or others. Through this comprehensive course, you will begin to increase your level of consciousness, become more flexible and creative and open yourself up to new areas of communication and expression.

#### **TRAINING AND TUNING FORK COMBOS:**

*Home Study Course and Color Solfeggio Energy Tuners* **ONLY \$498 - SAVE \$100.00**  
*Includes FREE SHIPPING in USA! Other combos available at [www.SomaEnergetics.com](http://www.SomaEnergetics.com)*

**COURSE INCLUDES: 6 HOURS OF LECTURE AND DEMONSTRATIONS 4 DVD'S, LEVEL ONE TRAINING MANUAL, WRITTEN EXAM, COURSE COMPLETION FORM** **COURSE PRICE \$299** SOLFEGGIO ENERGY TUNERS RECOMMENDED AND SOLD SEPARATELY

#### **THIS POWERFUL 6 HOURS OF TRAINING INCLUDES:**

##### **THE BIRTH OF SOMAENERGETICS**

Dr. Hulse's Journey of Discovery, Nature and Sound

##### **THE SOLFEGGIO FREQUENCIES**

Ancient Healing Codes Revealed in the Bible, Definitions of the Solfeggio Tones in the Medieval Latin, Numbers Chapter 7, Deciphering the Six Frequencies, The Importance of the 3, 6, and 9, How Different Tones Affect Our Health.

##### **SCIENTIFIC RESEARCH**

Sound Vibration and Form, DNA, The Power of Sound on the Body: Cell Rejuvenation, Dr. Alfred Tomatis: The Way We Listen, Refraction, The Endocrine System and The Pineal Gland, Integration.

##### **ENERGY MOVEMENT**

Energy and Relationship. The Effect of Intent on Sound, Imagination and Technique, The Energy Channels of the Body, Chakras, Elements, Colors and the Original Frequencies

##### **SOMAENERGETICS TECHNIQUES**

Outline of the SomaEnergetics Energy Techniques, Introduction Demonstration, What is a Vibrational Tuning? Assessing Energy Levels, Affirming Protection, Setting your Intention, Opening the Tuning Session, Activating the Energy, ABBC's, Closing the Tuning Session, Verifying Results, Final Instructions to the Client, Energy Vitality Technique Demonstration.

##### **90 MINUTE DEMONSTRATION:**

Dr. Hulse will explain and demonstrate each step of the powerful Energy Vitality Technique and the importance of each step.

**COURSE COMPLETION:** In order to receive your Certificate of Training and enjoy the benefits of being a SomaEnergetics Practitioner, you will need to pass a 60 question written test (included) and perform the Energy Vitality Technique 10 times on different people. You are then eligible to be listed on our website as an available SomaEnergetics Practitioner, have access to the Practitioner Area of the Website, receive the Stay Tuned E-News and, having completed Level I Home Study Course, you are qualified to attend a Level I Workshop at a discount or continue your Sound Therapy Training with Level II and III.





# PLANETARY TUNERS™

## *Tuning Forks of The Planets*

The body  
aligns to  
sound!

The Astrological Tuners work through creating a sympathetic resonance between the planets and ourselves, thus amplifying the effects of each planet in our lives.



**Planetary Tuners can bring new dimensions to your Astrology readings, enhance bodywork and acupuncture sessions, or be used for personal meditation and growth.**

Each Planetary Tuner is tuned to the frequency of a different planet and activates the different astrological qualities associated with that planet. Listening to Planetary Tuners or using them directly on the body allows us to consciously direct the energy of each planet for healing and well-being. Choose individual Planetary Tuners for your life now or buy a whole set. Each Planetary Tuner is labeled on the tuning fork with the name of the planet and the exact vibrations per second of the tuning fork and comes in a beautiful black satin bag with a gold cord.



**11 Planetary Tuners in all \$50.00 each**

**Full set of 11 - \$460.00**  
*includes 1 fork FREE and a FREE display!*

Angel Tuners and Planetary Tuners are trademarks of Bio Sonic Enterprises.

## **Individual Planetary Tuners**

**SUN** enhances our sense of strength and motivation, self-identity, vitality and radiance and promotes enthusiasm and determination.

**MOON** promotes emotional tranquility, softness, inward reflection, sleep, and a flowing flexibility with life.

**EARTH** also known as our OM tuner, enhances the deep security and safety of Mother Earth, the cosmic sound of OM, and an ability to be grounded and centered.

**MERCURY** enhances our abilities to cooperate through understanding and sharpens our communication skills through reason, and writing and speaking with confidence.

**VENUS** enhances our ability to feel and have love and close relationships with others, our sense of creativity and artistry, receiving and sharing, and increases our love of pleasure, peace, harmony, and self appreciation.

**MARS** enhances our strength our desire, gets us motivate to act, and brings out our decision-making abilities and assertiveness. Mars gives us courage and strengthens our sexual nature.

**JUPITER** enhances openness, trust, optimism, good fortune, and brings out a jovial spirit of laughter. Jupiter allows us to be open to experiencing grace and the adventure of life.

**SATURN** enhances our ability to be disciplined and set limits and boundaries for ourselves, and others. Saturn helps us more structured and organized and take responsibility for completing important tasks in our life.

**URANUS** enhances our ability to makes life changes through inspiration and insight and freedom of expression without self imposed limitations.

**NEPTUNE** enhances our spiritual experiences and brings out our ability to be compassionate and open to surrendering to our creativity.

**PLUTO** enhances our ability to face our deepest secrets and bring light to the darkness in our lives. Through Pluto we can let go of the old and bring rebirth and new beginnings.

## Other Products: Pythagorean Tuning Forks

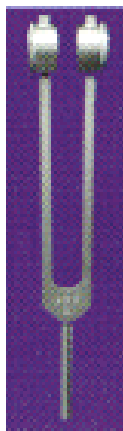
### ANGEL TUNERS™

Sounding the Angel Tuners™ opens passageways to angelic kingdoms. The Angel Tuners™ are based on the ninth octave of the overtone series. In the overtone series a fundamental tone creates a second tone and the second tone creates a third tone, etc. These tones ascend in pitch. This rising in pitch of the overtone series represents the archetypal images of Jacob's Ladder and the stairway to heaven. The Angel Tuners can be used in many creative ways. Tap any two together and meditate upon the sound or hold several Angel Tuners™ between your fingers and tap them simultaneously to create an Angelic concert. The sound will be delicate, and high in pitch. The Angel Tuners™ can also be used with crystals to create group meditations. **Angel Tuners - 3 Forks in a carrying bag - \$65.00**



### CRYSTAL TUNER

This tuning fork's frequency is a high C note and amplifies the healing power of crystals through sonic vibration (crystal not included). Note: The Crystal Tuner is included in the Angel Tuners above. **Crystal Tuner, Tuning fork (1) Price: \$30.00**



### OM TUNER

The rishies or spiritual master of India believed that the musical tone “sadjā” or “sa”, which means the father of all others, to be the musical sound which resonates with the never ending primordial vibration “om”. The rishies arrived at “sa” through deep meditation. To this day Indian musicians approach tuning their instruments as a meditation to set the Spiritual tone for a whole concert.

**1 Om Tuner in a bag for 50.00**

### OTTO TUNERS

The Otto tuners are used for relaxation, the sound vibrates into the bones for relaxation. The Otto Tuners are tuned to the frequencies of 32cps, 64cps and 128cps. they vibrate at a low pitch and due to their weighted ends the sound lasts longer than that of regular tuning forks.

**32 cycles per second:** to regenerate and stimulate nerves. Works with the skin and hair to stimulate the nerves.

**64 cycles per second:** for deep relaxation. Especially effective to relieve tension in the lower lumbar, sacrum and coccyx area. It is wonderful on the lower spine.

**128 cycles per second:** creates a deep earth tone which resonates the bone and relaxes the tissues. When placed on the sternum, ribs and upper spine, it is especially good to relieve back tension.

**Otto Tuners, 3 Tuning Forks, 3 Different Frequencies: 32, 64 and 128 Hz. All 3 Otto Tuners for \$150.00**

#### ORDERING OPTIONS:

- 1) on-line at [www.SomaEnergetics.com](http://www.SomaEnergetics.com)
- 2) Call us at 937-912-9229 to use your credit card
- 3) Mail in the order form enclosed.

## BioSonic Brain Tuners™

Brain Tuners are based on brain wave studies using electroencephalography (EEG) technology to map different states of consciousness known as Delta, Theta, Alpha, and Beta. **Delta** is associated with deep sleep. **Theta** is associated with meditation and dream states. **Alpha** is associated with relaxed awareness, creativity, and heightened learning. **Beta** is associated with high alertness and focus.

When the Brain Tuners™ are simultaneously sounded - one in the left ear and the other in the right ear - the two hemispheres of the brain function together to integrate the two sounds, creating a third, different tone called a *binaural beat*. When the Fundamental Brain Tuner tuning fork is sounded with a Delta, Theta, Alpha, or Beta tuning fork the difference between the two tuning forks creates a binaural beat which is heard as a *pulsation*. The binaural beat gently signals the brain to shift into a different state of consciousness.

When we go through a 24-hour cycle, we shift into different states of consciousness determined by our life requirements. One can visualize a car that shifts into different gears as necessary to meet the requirements of the road, i.e. a low gear for pick up and climbing hills, a medium gear for slow driving, and a high gear for highway cruising. In a similar way, living our life requires shifting into “different gears” for different situations.

## Using the Brain Tuners

### The Knee Tap Technique

The method for sounding the Brain Tuners is called “the knee tap”:

Hold your tuning forks by the stems with moderate pressure - not too tight and not too loose. Do not hold your tuning forks by the prongs because the prongs need to vibrate in order to create the sound.

Gently tap the flat side of the tuning fork on your knee cap. Do not hit your kneecap. All it takes is a gentle firm tap and your tuning fork will sound.

It is best to tap the Fundamental Brain Tuner on one knee and then the Delta, Theta, Alpha, or Beta Brain Tuner the other knee.

Bring the forks slowly to your ears, about 3 to six inches from your ear canal, and listen to the sounds.

### Shifting your State of Consciousness

Once you have mastered the knee tap method then tune into your current state of consciousness. Follow these steps:

Consult the chart above and ask yourself what state of consciousness you would like to shift into.

Select the Fundamental Brain Tuner and the Brain Tuner that matches the state of consciousness you want.

Holding the Brain Tuners in your hands ready to tap, visualize and/or remember a positive experience for the state of consciousness you want.

Tap the Brain Tuners and listen to the pulsation. Let go and allow yourself to shift.

When the sound fades, switch the tuning forks in your hands and tap them again. Enjoy!

John Beaulieu, N.D., Ph.D

Our appreciation to John and Biosonics for sharing these amazing tools. We use them around the office with great fun. They are very powerful!

## Brain Tuners Price: \$119.95

**Note: Includes 5 tuning forks and wood stand.**

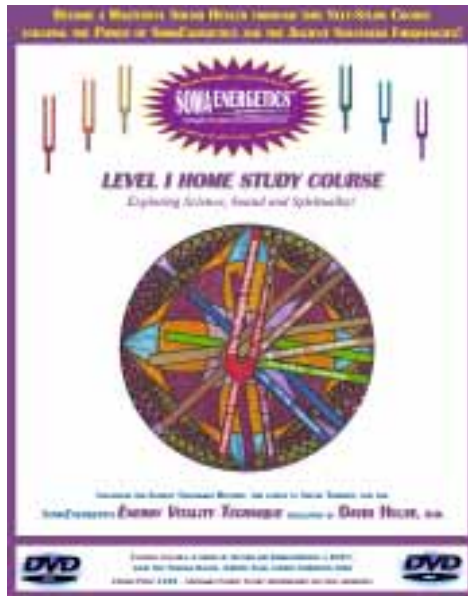


**Transformational Solfeggio Tools**



**SomaTuners™  
Exclusive Product  
See Page 12**

**Original Solfeggio  
Energy Tuners™  
See Page 13**



**SomaEnergetics  
Level One  
“Energy Vitality  
Technique”  
HOME STUDY  
COURSE  
6 Hours - 4 DVD’s  
Training Manual and  
much more!  
See page 15**